



City of Highland Weekly Report

December 22, 2011

Happy Holidays!

Public Services



REPETE'S WISDOM OF THE WEEK

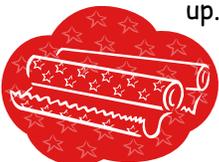
How Do I Handle Excess Holiday Packaging?

Even with the best reduce-reuse-recycle efforts, the holidays may still generate more waste than your recycling cart can handle. Cal Disposal and Burrtec Waste Industries, Inc. have come up with a simple solution to help Highland residents avoid improper disposal of recyclable holiday packaging.

Any recyclable holiday packaging, for example: gift boxes, cardboard packaging, wrapping paper (non-foil based), tissue paper, greeting cards, etc. that will not fit within your **BLUE** recycling cart will be collected from the curb on your regular collection day at no extra charge!

Be sure and put out any excess holiday recyclables at the curb by 6:00am on your regular collection day from **December 26 to December 30, 2011.**

Remember, only recyclable items will be picked up. If you plan to use a bag for those excess items, please make sure the contents can be easily identified as recyclable.



For more information, please call:

- Burrtec Waste Industries, Inc. at (909) 889-1969
- Cal Disposal at (909) 885-1023
- City of Highland, Public Services Coordinator, Andrea Saavedra at (909) 864-8732 ext 271

Would You Like To Recycle Your Christmas Tree Hassle Free?

Here is how you can:

Simply place your Christmas tree at the curb by 6:00am on your regular collection day during the week of **January 2 - January 6, 2012.**



- ▶ Trees over 6ft must be cut in half.
- ▶ Please remove all tinsel, ornaments, plastic, bags, stands, braces, wire and nails.
- ▶ No artificial trees will be accepted.

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Volunteer Services



Blood Donation Process...

Who Can Donate Blood?

Anyone can be a blood donor. Donors must be at least 15 years of age.

- 15-year-olds will donate automated procedures only.
- 15 and 16-year-olds need a written LifeStream parental consent

How Often Can You Donate Blood

A healthy adult can donate whole blood every 56 days - or approximately 8 weeks. Plasma can be donated as often as once a month. Platelets can be given every 2 weeks up to 24 times each year.

The Donation Process

Making a blood donation takes less than one hour.

Only sterile, sealed and disposable materials are used once and then safely discarded.

There are four easy steps to becoming a donor and giving the gift of life:

1. **REGISTRATION**

Sign in with our friendly receptionist and complete a brief health history questionnaire (approx. 15 minutes).

2. **MINI-PHYSICAL**

We will give you a "mini-physical" to review your medical history, check your blood pressure, pulse rate, body temperature and iron levels (approx. 15 minutes).

3. **BLOOD DONATION**

Your life-giving blood is drawn by skilled medical professional using new, sterile and disposable materials (approx. 15 minutes).

4. **HEALTHY SNACKS AND JUICE FOR ALL!**

You are already done! In addition to the wonderful feeling of satisfaction you have from knowing that your blood will help save someone's life, you'll enjoy cookies, drinks and healthy snacks while relaxing in our canteen area.

How Will You Feel After Donating Blood?

In a word...great! After all, you will have the satisfaction of knowing you have helped to save someone's life by simply donating blood.

What to Bring with You

When donating blood, please be sure to bring a current photo ID, preferably a valid Driver License. If you are a high school donor or do not have one of these, another form of ID with your photo and proof of age on it is necessary.

What to Eat Before Donating Blood

Before making a life-giving blood donation, you should eat at your regular mealtimes and drink plenty of liquids. You might also increase your consumption of "iron rich" foods a few days before making a blood donation because only donors with good iron levels are able to give the gift of life.

Where to Donate

The City of Highland hosts a blood drive six times a year. Please join us in becoming a donor and giving the gift of life right here in Highland!

Join us on these upcoming Mondays from 1:30pm to 6:30pm at the Jerry Lewis Community Center, 7793 Central Avenue.

2012 Highland Blood Drives:

January 23

July 23

March 26

September 24

May 21

November 26

For any questions, please contact Volunteer Services Coordinator, Denise Garnsey, at 909-864-6861 extension 203.

Mark Your Calendar



Monday, December 26, 2011

Holiday - City Offices are closed

Monday, January 2, 2012

Holiday - City Offices are closed



Tuesday, January 3, 2012

4pm -Blood Drive Committee Meeting, New members welcome! City Hall , 27215 Base Line
6pm - Planning Commission Regular Meeting, Donahue Council Chambers

Thursday, January 5, 2012

5pm - Historic and Cultural Preservation Board Special Meeting, Donahue Council Chambers
5:30pm - Joint Study Session with the Historic and Cultural Preservation Board and Highland Area Chamber of Commerce, Upright Conference Room

Tuesday, January 10, 2012

6pm - Regular City Council Meeting, Council Chambers

Wednesday, January 11, 2012

4pm - Public Nuisance Hearing Board Special Meeting, Donahue Council Chambers

Thursday, January 12, 2012

5pm - Community Trails Committee Regular Meeting, Donahue Council Chambers

Tuesday, January 17, 2012

6pm - Planning Commission Regular Meeting, Donahue Council Chambers

Monday, January 23, 2012

1:30pm to 6:30pm



Community Blood Drive

Jerry Lewis Community Center - 7793 Central Avenue

Tuesday, January 24, 2012

6pm - Regular City Council Meeting, Council Chambers

Thursday, February 2, 2012

5pm - Historic and Cultural Preservation Board Regular Meeting, Donahue Council Chambers
5:30pm - Joint Study Session with the Historic and Cultural Preservation Board and Highland Area Chamber of Commerce, Upright Conference Room

Tuesday, February 7, 2012

6pm - Planning Commission Regular Meeting, Donahue Council Chambers

Thursday, February 9, 2012

5pm - Community Trails Committee Regular Meeting, Donahue Council Chambers

Tuesday, February 14, 2012

6pm - Regular City Council Meeting, Council Chambers

Monday, February 20, 2012

President's Day - City Offices are closed



Tuesday, February 21, 2012

6pm - Planning Commission Regular Meeting, Donahue Council Chambers

Tuesday, February 28, 2012

6pm - Regular City Council Meeting, Council Chambers

Assembled by: Brandy Littleton

**City of Highland
27215 Base Line**

Highland, CA 92346
(909) 864-6861
www.cityofhighland.org