



City of Highland Weekly Report

August 29, 2013

Blood Drive Committee invites all Volunteers! Interested? Please join us on 9/9/13

Volunteer Services

Blood Drive - Interested in volunteering? Find out more information by joining us at the next Blood Drive Committee Meeting on Monday, September 9, 2013. The committee meetings are held at Highland City Hall, 27215 Base Line, from 4:00pm to 5:00pm.



Donate Blood on at Highland's next Blood Drive on Monday, September 23, 2013 from 1:30 p.m. to 6:30 p.m. at the Highland Police Station, 26985 Base Line in Highland. August and September are extremely hot weathered months, so please remember to **hydrate, hydrate, and hydrate**. Below are the basic requirements for becoming a blood donor:

Blood Donor Requirements:

- ◆ Donors must be at least 16 years of age (with parent permission form).
- ◆ Please bring current identification, preferable a Driver's License. If you do

not have a Driver's License, please bring some other form of current identification that has your name on it.

- ◆ You need to weigh at least 110 pounds. If you weigh between 100 and 110 pounds, you may still be able to donate. However, we will take slight less than a full pint.
- ◆ Your health status must be generally good; free of infections or illness.
- ◆ No history of Hepatitis (after age 11 or older).
- ◆ Free of high-risk behavior/infectious disease - high-risk sexual activity, IV drug use or tattoos within the last year.
- ◆ Drink plenty of decaffeinated liquids (great way to increase your water intake!!!)
- ◆ Body piercing is OK as long as sterile needles were used and there is no sign of infection.

The process includes four easy steps (each step takes approximately 15 minutes).

Generally, the donation process takes approximately one hour from the time you arrive until the time you leave. During special events, the process may take a little longer.

1. Step one - you will sign in with our receptionist and complete a health history questionnaire.
2. Step two - We will give you an abbreviated mini-physical complete with review of your medical history, blood pressure, pulse, temperature and iron level check.
3. Step three - this is the actual blood donation where your blood will be drawn using sterile, disposable materials.
4. Step four - Cookies and Juice for everyone!!! After your donation, you will be able to relax and enjoy refreshments in our canteen area knowing that you have just helped save patients' lives!

Thank you in advance for your donation. Your blood will be used in lifesaving treatments for individuals with cancer and leukemia, surgery patients, organ transplant recipients, for newborns, severe burn victims and trauma patients.

As an added incentive, for every lifesaving donation, participants at the September blood drive will receive a movie ticket (*while supplies last*) and receive points as part of the "Gift of Life" Donor Loyalty Program that may be redeemed for items through LifeStream's online store at www.bbsbrc.org.

For more information, contact Volunteer Services Coordinator, Denise Moreno at 909-864-6861 extension 203.

Highland Improvement Team - Residential Cleanups Wanted... The Highland Improvement Team needs your help. We are searching for Highland homeowners who need help with yard cleanup and minor landscaping. There are no income eligibility requirements and absolutely no charge to the homeowner. A fabulous team of volunteers completes all work and repair during HIT projects/cleanups.

Here are the few qualifications:

- Must be 55 years and older or disabled
- Must own and reside in your home

The Highland Improvement Team schedules one cleanup per month. Each cleanup requires enough work to fill the allotted four-hour period, usually from 8:00am to noon.

For more information and/or to sign up please contact Volunteer Services at 909-864-6861 extension 203.

Safe Routes To School - Designated Starting Points. Whether there aren't safe routes from every participant's home, you want to include bus riders or you want to have a party with a school-wide walk, there are many times when identifying specific starting points for walking and bicycling to school make sense. Ideally, the route will be accessible to students and adults with physical disabilities. One way to check is to conduct a walk or bike audit before the event to determine the best route to school.



So how might these events look? Here are some ideas that can be mixed and matched into an event that's right for your community:

Park n Go: Pick a designated meeting area within walking distance of the school that will enable families to park their cars and walk or

bike to school. If parents won't be required to walk or ride with their children, then adult chaperones should be ready to travel to school with students.

Hold a parade: Invite elected officials, parents and students to meet in one location and walk or bicycle to school parade-style! Carry banners or ask police to escort your group to increase the fanfare of your event. The event fliers should include the location and meeting time, as well as the time the group will leave the site to get to school.

Ride and stride: Bus riders are dropped off at the meeting point and are greeted by volunteers and/or school staff to make the rest of the trip on foot. First they "ride" the bus, and then they "stride" to school! Look for a drop-off spot where buses will be able to enter and exit. Make a map for bus drivers so they know the location.

Multiple meet-ups: Designate meeting points that match the different directions that students come from. Each route can have a special name such as the "Southern Neighborhood Cyclists" or "West Street Walking School Bus." Groups depart from respective locations and meet at the school. Publicize the routes and include departure times. Identify at least one person to act as coordinator at each remote meeting point. This person can make any necessary announcements and get the group walking or riding on time. This strategy can be particularly good when the event will launch weekly or daily walking school buses or bicycle trains or to promote certain routes to school. It's also smart when you expect a lot of participants.

Considerations for Using Designated Meeting Points -

- Possible locations might include a library, park, grocery store or church.

- Make sure there is enough parking.
- Obtain permission to use the location from the property owner before publicizing the event.
- Think about how far the location is from the school and what route the group will take.
- Try walking or biking the route once, with a child if you can. Sometimes the longer route is better if it has safer facilities like sidewalks, crosswalks and pedestrian signals as opposed to a more direct route.
- It may be helpful to hand out route maps to parents, teachers and other adult participants. You can easily map and share your routes with Map-a-Route via the bikewalktoschool.org website.

Event organizers say that students really enjoy being involved in the preparations for an organized group walk. Encourage students to make signs and banners that they can carry during the parade. Choose a theme or a slogan that students can chant and put on their signs.

Great Ideas for Group Walking -

- Invite the school mascot or wear school colors while walking.
- Carry colorful balloons and signs with safety messages during the walk.
- Decorate some of the route sidewalks with sidewalk chalk before the event.
- Have students design promotional materials like banners and signs.

Great Ideas for Group Bicycling -

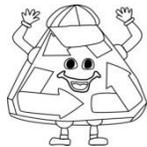
- Ham it up. Decorate the bicycles or helmets.
- Show school or team pride. Wear school colors or matching t-shirts while bicycling.
- Have students design promotional materials like banners and signs.



- Decorate some of the bicycling route before the event.
- Invite local bicycling advocates, police officers who patrol on bikes, dignitaries, or local high school champions to lead the ride.

International Walk To School Day Is October 9, 2013.

Information Courtesy of the following website
www.bikewalktoschool.org



Public Services

Repete's Wisdom of the Week - Labor Day Holiday Trash Pickup. Burrtec Waste Industries, Inc. and Cal Disposal Co. Inc. will be closed on Monday, September 2, 2013 in observance of Labor Day.

Therefore, trash, green waste and recycling collection will be delayed by one day. Your regularly scheduled collection services will resume the following week. Please keep in mind that street sweeping will also be delayed by one day as well.

Labor Day Holiday Schedule is as follows:

If regular pickup day falls on: Monday, September 2 - Trash will be picked up on: Tuesday, September 3

If regular pickup day falls on: Tuesday, September 3 - Trash will be picked up on: Wednesday, September 4

If regular pickup day falls on: Wednesday, September 4 - Trash will be picked up on: Thursday, September 5

If regular pickup day falls on: Thursday, September 5 - Trash will be picked up on: Friday, September 6

If regular pickup day falls on: Friday, September 6 - Trash will be picked up on: Saturday, September 7

Should you have any questions regarding the holiday delay with collection services, please contact:

- Burrtec at (909) 889-1969
- Cal Disposal at (909) 885-1023
- City of Highland, Public Services Coordinator, Andrea Saavedra at (909) 864-8732 ext. 271.

Library News

Free Backyard Composting Workshop.

Always wanted to compost but never knew exactly how it worked? Wish you could compost but think your home doesn't have enough room for it? Then we have just the solution for you!

Join the Highland Environmental Education Coalition (HEEC) on Saturday, September 14, 2013 from 10am to 12(Noon) at the Highland Sam J. Racadio Library and Environmental Learning Center (7863 Central Ave Highland, CA 92346) in the Community Room as we present a FREE Backyard Composting Workshop. Learn the science behind mixing yard waste, such as leaves, grass and small twigs, with acceptable food scrap to make a nutrient-rich soil amendment for lawns, gardens, flowers and plants.

Registration is required. Upon completion of the workshop participants will receive a FREE compost container to take home. Containers are available to San Bernardino County Residents only and one container per household.

To register send us an email with your name, address and a phone number to heecinfo@yahoo.com

Finance

Commercial Business License Applications - There were no new commercial business licenses for the week of 08/26/13 to 08/30/13.

Administration

Emergency Preparedness - Family Communications. Your family may not be together when disaster strikes, so plan how you will contact one another. Think about how you will communicate in different situations.

Complete a contact card for each adult family member. Have them keep these cards handy in a wallet, purse or briefcase, etc. Additionally, complete contact cards for each child in your family. Put the cards in their backpacks or book bags.

Check with your children's day care or school. Facilities designed for children should include identification planning as part of their emergency plans.

Family Communication Tips - Identify a contact such as a friend or relative who lives out-of-state for household members to notify they are safe. It may be easier to make a long-distance phone call than to call across town, so an out-of-town contact may be in a better position to communicate among separated family members.

Be sure every member of your family knows the phone number and has a cell phone, coins or a prepaid phone card to call the emergency contact. If you have a cell phone, program that person(s) as "ICE" (In Case of Emergency) in your phone. If you are in an accident, emergency personnel will often check your ICE listings in order to get a hold of someone you know. Make



sure to tell your family and friends that you've listed them as emergency contacts.

Make sure family members know how to use text messaging. Text messages can often get around network disruptions when a phone call might not be able to get through. For more information, please visit www.ready.gov.

Public Works

Graffiti Report: During the period of 8/12/13 - 8/22/13, graffiti made known to Public Works staff, by the following means, was removed: **Reported to Hotline:** Flamingo/Bonnie; Palm @ City Creek; Orange/Pacific; 7712 Victoria; Cypress to Victoria; Reported by Staff: Palm/9th; Community Park gazebos; Cole/9th; Cole/Cole Ct.; east side of Buckeye; 27571 Foster; **Routine Observation by Public Works:** Seeley Ct./Base Line; 6969 Argyle; north side of Byron e/o Sterling; Jane/Sterling; Cypress/Grape; 26988 Cypress; Cypress w/o Victoria; 6th/Lankershim; Central/Messina; Byron/Buchanan; Victoria/9th; 6th/Victoria; Central n/o 5th; Central/9th; 7862 Cunningham; Pacific/Church; 7199 Palm; Pacific/Palm; Main/Palm; Boulder/Eucalyptus; Vine/Base Line; Byron/Sterling; Elmwood/Base Line; 9th w/o Del Rosa Dr.; Sterling alley; Del Rosa Ave./9th; American Legion on Highland Ave.; Gala/Highland; Lankershim alley; 7712 Victoria; Palm/Norwood; south side of Pacific e/o San Francisco to Olive.

Mark Your Calendar



Monday, September 2, 2013

Labor Day Holiday - City Offices are closed

Tuesday, September 3, 2013

6pm - Planning Commission Regular Meeting, Donahue Council Chambers

Monday, September 9, 2013

4pm to 5pm - Blood Drive Committee Meeting
Highland City Hall - 27215 Base Line, Highland

Tuesday, September 10, 2013

6pm - Regular City Council Meeting, Donahue
Council Chambers

Thursday, September 12, 2013

5pm - Community Trails Committee Regular
Meeting, Donahue Council Chambers

Tuesday, September 17, 2013

6pm - Planning Commission Regular Meeting,
Donahue Council Chambers

Saturday, September 21, 2013

7am to 11am - Highland Improvement Team
Clean Up, City Hall - 27215 Base Line, Highland

Monday, September 23, 2013

1:30pm to 6:30pm - Blood Drive at Highland
Police Station - 26985 Base Line, Highland

Tuesday, September 24, 2013

6pm - Regular City Council Meeting, Donahue
Council Chambers

Tuesday, October 1, 2013

6pm - Planning Commission Regular Meeting,
Donahue Council Chambers

Wednesday, October 2, 2013

4pm - Public Nuisance Hearing Board Special
Meeting, Donahue Council Chambers

Thursday, October 3, 2013

5pm - Historic and Cultural Preservation Board
Regular Meeting, Donahue Council Chambers

Tuesday, October 8, 2013

6pm - Regular City Council Meeting, Donahue
Council Chambers

Thursday, October 10, 2013

5pm - Community Trails Committee Regular
Meeting, Donahue Council Chambers

Tuesday, October 15, 2013

6pm - Planning Commission Regular Meeting,
Donahue Council Chambers

Tuesday, October 22, 2013

6pm - Regular City Council Meeting, Donahue
Council Chambers

Saturday, October 26, 2013

3pm to 7pm - Discover Highland Night, located
at the Highland Crossing Shopping Center in
front of Lowe's Home Improvement Center on
Greenspot Road

Assembled by: Elena Rodrigues



*City of Highland
27215 Base Line
Highland, CA 92346
(909) 864-6861
www.cityofhighland.org*