

# City of Highland Weekly Report



June 16, 2016

## Community Development

Immanuel Baptist Church will be hosting its 3<sup>rd</sup> Annual 4<sup>th</sup> of July Community Firework show on Monday, July 4, 2016 from 5:00 pm to 9:30 pm. City Council approved the co-sponsored event at their June 14, 2016 Council Meeting.

Festivities will begin at 5:00 pm and the community is invited to take part in the kid zone, food court, car show and live music. The firework show will begin at 9:00 pm and will run till approximately 9:30 pm. Immanuel Baptist Church is located at 28355 Base Line, Highland. For more information, please contact Immanuel Baptist at (909) 425-1777.



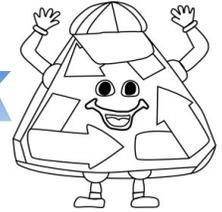
## HIGHLAND IMPROVEMENT TEAM



The Highland Improvement Team (HIT) cleanup for this Saturday June 18<sup>th</sup> is **CANCELLED**. An extreme heat wave is predicted to begin this weekend. The stenciling project primarily takes place on or near the asphalt. The extreme temperatures mixed with the heat coming off the asphalt street could prove to be unhealthy and unsafe for volunteers. The project will be re-scheduled at a later date.

Please contact Volunteer Services for questions or to find out how you can join the Highland Improvement Team at 909-864-6861 extension 203.

# Repete's Wisdom of the Week



## 4<sup>th</sup> of July Holiday Pick-Up Schedule

Burrtec Waste Industries, Inc. and Cal Disposal Co. Inc. will be closed on Monday, July 4, 2016 in observance of the 4<sup>th</sup> of July holiday. Therefore, trash, green waste and recycling collection will be delayed by one day. Your regularly scheduled collection services will resume the following week. Please keep in mind that street sweeping will also be delayed by one day as well.

4<sup>th</sup> of July Holiday Schedule is as follows:

**If regular pickup day falls on: Monday, July 4**  
**Trash will be picked up on: Tuesday, July 5**

**If regular pickup day falls on: Tuesday, July 5**  
**Trash will be picked up on: Wednesday, July 6**

**If regular pickup day falls on: Wednesday, July 6**  
**Trash will be picked up on: Thursday, July 7**

**If regular pickup day falls on: Thursday, July 7**  
**Trash will be picked up on: Friday, July 8**

**If regular pickup day falls on: Friday, July 8**  
**Trash will be picked up on: Saturday, July 9**



Should you have any questions regarding the holiday delay with collection services, please contact:  
Burrtec Waste Industries, Inc. at (909) 889-1969  
Cal Disposal Co. Inc. at (909) 885-1023  
City of Highland, Public Services Division at (909) 864-8732 ext. 217

## FINANCE

### *Commercial Business License Applications*

There were no new commercial Business Licenses for the week of 06/13/16 to 06/17/16

## HEALTHY HIGHLAND

### NATIONAL MEN'S HEALTH WEEK – JUNE 13, 2016 THROUGH JUNE 19, 2016

*National Men's Health Week is observed each year leading up to Father's Day. This week is a reminder for men to take steps to be healthier, but they don't have to do it alone! Whether it's your husband, partner, dad, brother, son, or friend you can help support the health and safety of the men in your life.*

#### Set an Example with Healthy Habits:

- ◆ You can support the men in your life by having healthy habits yourself and by making healthy choices.
- ◆ Eat healthy and include a variety of fruits and vegetables every day. Fruits and vegetables have many vitamins and minerals that may help protect you from chronic diseases. Limit foods and drinks high in calories, sugar, salt, fat, and alcohol.
- ◆ Regular physical activity has many benefits. It can help control your weight, reduce your risk of heart disease and some cancers, and can improve your mental health and mood. Find fun ways to be active together. Adults need 2½ hours of physical activity each week.
- ◆ Set an example by choosing not to smoke and encourage the men in your life to quit smoking. Quitting smoking has immediate and long-term benefits. You lower your risk for different types of cancer, and don't expose others to secondhand smoke—which causes health problems. Call your state's tobacco quit line (for English speakers, call 1-800-QUIT-NOW [1-800-784-8669]; for Spanish speakers, call 1-855-DÉJELO-YA [1-855-335-3569])
- ◆ Help the men in your life recognize and reduce stress. Physical or emotional tensions are often signs of stress. They can be reactions to a situation that causes you to feel threatened or anxious. Learn ways to manage stress including finding support, eating healthy, exercising regularly, and avoiding drugs and alcohol.

Find out more information about Men's health at [www.cdc.gov/features/healthymen](http://www.cdc.gov/features/healthymen)

*Information courtesy of the Center for Disease Control and Prevention (CDC). For more information go to [www.cdc.gov](http://www.cdc.gov)*



Be Healthy :  Be Happy

# Library News



## SUMMER READING PROGRAM SCHEDULE

### **Kid Programs:**

Mondays at 4pm – Kids Craft Station  
Tuesdays at 5pm – Kids Discovery Time

### **Teen Programs:**

Fridays at 4pm – Teens Craft Station

### **Family Events:**

Thursday at 10:30am – Family Story Time  
Family Performers:



**One World Rhythm – Music and Percussion Show**  
Wednesday, June 22, 2016 at 6pm

**David Cousin - Juggling Show**  
Wednesday, June 29, 2016 at 6pm

**The Wacko Show – Magic Show**  
Wednesday, July 6, 2016 at 6pm

**Pacific Animal Productions – Live Animal Show**  
Wednesday, July 13, 2016 at 6pm

**Art Loon – Variety Show**  
Wednesday, July 20, 2016 at 6pm

**Buster Balloon – Balloon Show**  
Wednesday, July 27, 2016 at 6pm



*For more information call 909-425-4700 or stop by the Highland Sam J. Racadio Library and Environmental Learning Center located at 7863 Central Ave Highland, CA 92346.*



# Public Works

During the period of June 6, 2016 through June 10, 2016, graffiti was made known to Public Works staff by the following means and removed:

**Routine observation by Public Works:** 7695 Sterling, Station # 3, 7649 Sterling, Eastside of Central South of 14<sup>th</sup>, 14<sup>th</sup> and Central, 7137 Central, Stratford and Central, Vine and Base Line, Eastside of Sterling at 13<sup>th</sup> Street, Eastside of Sterling North of 13<sup>th</sup>, North Bound Sterling to Byron, Eastside Sterling South of Byron, Palm at 210 Freeway, O.P. South of Atlantic entrance to the City, Eastside Sterling North of Byron, Pacific and Sterling San Bernardino City's Box, North and Southwest corner of Fisher and Sterling, Community Park, Westside Sterling south of Jane, 7272 Sterling, Mira Vista and Base Line, Community Park (dirt parking area) Power poles used as parking perimeter barriers, Palm and 5<sup>th</sup>, Central and 14<sup>th</sup>, Westside Sterling south of Base Line, Westside Sterling North of 9<sup>th</sup>, 25896 9<sup>th</sup> Street, 9<sup>th</sup> and Guthrie, Aurantia Park, Base Line and Rogers, Southside 9<sup>th</sup> to Del Rosa Ave, Del Rosa Ave and 9<sup>th</sup>, Southside 9<sup>th</sup> and Bonnie to Golondrina, Southside 9<sup>th</sup> to Golondrina, Sterling and Jane, 9<sup>th</sup> and Del Rosa Ave, Southside 9<sup>th</sup> West of Golondrina, Southside 9<sup>th</sup> East of Sterling, 25818 9<sup>th</sup> Street.



## Administration

### *Emergency Preparedness—Why Prepare?*

More than 82% of U.S. residents are aware that emergency preparedness is important to handle disasters. Yet of these, most have made little, if any, actual preparations! What about you? Are you ready?

All of us need to take a role in helping protect each other and our families and friends in the event of an emergency. From fires to landslides to ever-present earthquakes, we continuously face emergency situations.

Disasters disrupt hundreds of thousands of lives every year. Each disaster has lasting effects, both to people and property. If a disaster occurs in your community, local government and disaster relief organizations will try to help you. But you need to be ready as well. Local responders may not be able to reach you immediately or they may need to focus their efforts elsewhere. You should know how to respond to severe weather or any disaster that could occur in your area, including earthquakes, wild-fires, landslides, pandemic, flooding, terrorism and more. You should also be ready to be self-sufficient for three to seven days. This may mean providing for your own shelter, first aid, food, water and sanitation.

We know that the next emergency is coming. We just don't know when or what kind it will be. But we can – and must – prepare now for the next emergency. Our family, friends and community depend on it.

For more information on getting prepared, please visit [www.ready.gov](http://www.ready.gov).

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# alendar of Events

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**June 18, 2016**

Canceled — Highland Improvement Team  
Cleanup, Highland City Hall - 27215 Base Line

**June 21, 2016**

6pm — Planning Commission Meeting, Donahue  
Council Chambers

**June 28, 2016**

6pm - City Council Meeting, Donahue Council  
Chambers

**June 30, 2016**

6pm - Special City Council Meeting, Harmony Project,  
Donahue Council Chambers

**July 1, 2016**

Community Oriented Problem Solving - DARK

**July 5, 2016**

6pm - Planning Commission Meeting, Donahue  
Council Chambers

**July 11, 2016**

4m to 5pm—Blood Drive Committee Meeting  
Highland City Hall , 27215 Base Line

**June 12, 2016**

Tentative Special City Council Meeting, Harmony  
Project, Donahue Council Chambers

**July 14, 2016**

5pm - Community Trails Committee Meeting, Do-  
nahue Council Chambers

**July 19, 2016**

6pm - Planning Commission Meeting, Donahue  
Council Chambers

**July 21, 2016**

Tentative Special City Council Meeting, Harmony  
Project, Donahue Council Chambers

**July 25, 2016**

1:30pm to 6:30pm—Blood Drive at Highland  
Police Station - 26985 Base Line





# SCAM ALERT

## Scam: Offers for Prizes & Gift Cards Target: All Seniors

Scam artists are sending out emails and text messages that include a subject line referencing an order that is ready for delivery. When you open the message there is no information regarding a delivery. Instead, there is an announcement that you have won the store's monthly giveaway prize and all you need to do is click the link to collect a gift card or other prize. **THIS IS A SCAM!** This scam is used by scam artists to transmit malware to your computer or cell phone in an attempt to obtain your personal information. Be wary of any unsolicited emails or text messages that promise free gift cards or any other prizes!

**Scam artists use giveaways to obtain your personal information!**

The Better Business Bureau (BBB) recommends the following tips to avoid these types of scams:

- 🔔 *Don't believe what you see.* Scam artists copy the colors, logos and letterhead of established organizations, so that the links look like they lead to legitimate websites. **Don't just click!**
- 🔔 *Legitimate businesses do not ask for your credit card numbers or banking information for coupons or giveaways.* If they do ask for banking information or any personal information, the giveaway may be a scam.
- 🔔 *Watch out for a reward that is too good.* Businesses offer small incentives and discounts to entice customers. If the offer seems too good to be true, it may be a scam.
- 🔔 *Look for a mismatched subject line and email body.* Many of these scams have an email subject line promising one thing but the content of the email is completely different.

**If you think you may be a victim of a scam, contact San Bernardino County Adult Protective Services (APS) at 877-565-2020, or your local police department.**