

City of Highland Weekly Report



March 10, 2016



Community Development



The Citrus Harvest Festival is celebrating its 20th Year!!!

2016 will mark the 20th celebration of the Highland Citrus Harvest Festival. We've grown much since our first year, but have not forgotten our purpose. The Festival seeks to educate Highland's youth and adults on our rich citrus heritage and turn-of-the-century lifestyle.

There will be a numerous vendors, citrus-themed Coloring, Poetry and Citrus Label Design Contests. Residents can enjoy a Historic Home Tour, Antique & Classic Car Show, Costume and Citrus Growing Contests. Live entertainment will be non-stop including three (3) local School bands and dancers.

Remember to visit
**Volunteer Services in
Booth#34**
to find out how you can
VOLUNTEER in Highland!

The Festival is scheduled for March 26, 2016, from 10:00 am to 3:30 pm. in the Highland Historic District at the intersection of Palm Avenue and Main Street up to Pacific Street. For more information, contact Kim Stater at (909) 864-8732 Extension 204 or the Events Section of the City's Website at www.cityofhighland.org/Events.



HIGHLAND IMPROVEMENT TEAM

Our next Highland Improvement Team (HIT) cleanup is tomorrow, Saturday, March 19th.

This will be our annual cleanup of the Historic District. This community cleanup project will include removal of weeds and litter along with some yard cleanup assistance. We hold this cleanup each year in preparation for the City's Annual Citrus Harvest Festival. The festival lines many of our streets in the historic neighborhood and sprucing up the area beforehand helps maintain a level of cleanliness during the festival...making cleanup afterward a whole lot easier.

Come out and join the Highland Improvement Team tomorrow, Saturday, March 19, 2016 at Community Cross Church, 6955 Palm Avenue in Highland. Volunteers can begin registering at 7:30am. The cleanup is from 8:00am to noon.



The City provides all tools and equipment needed for the project. In addition, the City hosts a BBQ following the cleanup for all those volunteering their time.

If you should have questions, please contact Denise Moreno, Volunteer Services Coordinator, at 909-864-6861 extension 203.



BLOOD DRIVE

Yes, it's that time again! Come down to Highland's blood drive this Monday, March 21, 2016 from 1:30pm to 6:30pm at the Highland Police Station, located at 26985 Base Line. As a special incentive, LifeStream is offering each donor a free movie ticket for their donation.

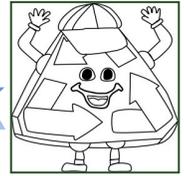
There is currently a shortage of all blood types in our region. LifeStream is also in urgent need of O-Negative donations. A special incentive program has been set-up especially for O-Negative donors. Details can be found on the LifeStream website www.LStream.org or by contacting Volunteer Services.

Please spread the word to family, friends and co-workers to come down and donate in Highland! The entire process takes less than an hour. All you need to bring with you is your I.D. Students can also donate beginning at the age of 15 years. They just need ID and a signed parental consent form. The form can be found online at www.LStream.org and will also be available during the blood drive.



Contact Volunteer Services at **909-864-6861 ext. 203** to make your **appointment** today or for more information!

Repete's Wisdom of the Week



USED OIL FILTER EXCHANGE AND RECYCLING EVENT SUCCESS ~

The San Bernardino County Fire Departments Household Hazardous Waste Program and the City of Highland's Public Services Division hosted a free Used Oil Filter Exchange and Recycling Event at AutoZone on Saturday, March 12, 2016. We are proud to announce that **95** DIY mechanics (**66** of which were Highland residents) took advantage of this event and **248 used oil filters were recycled** properly.



For those of you who missed the event, you may take your used oil and filters for proper disposal to the San Bernardino County Fire Departments Household Hazardous Waste Collection Facility located at 2824 East "W" Street San Bernardino, CA. They are open Monday - Friday from 9:00 a.m. to 4:00 p.m.

The next **Used Oil Filter Exchange and Recycling Event** location closest to Highland residents will be on **June 18, 2016** at **O'Reilly Auto Part Store** located at **515 Orange Street, Redlands, CA**.

Oil filters are composed of steel and are 100% recyclable; if all the filters sold each year in the U.S. were recycled, **160,000 tons of steel would be recovered**. Recycling one ton of filters yields 1,700 pounds of steel, 30 gallons of used oil and saves 10 cubic yards of landfill space.

Used oil filters can be recycled into new steel products, such as steel cans, cars, appliances and construction materials (for example, rebar).

We would like to thank those who participated in helping keep Highland a cleaner and beautiful community!

For more information or to get a list of other items you can dispose of at the Household Hazardous Waste (HHW) collection facility please call 909-384-5401.

FINANCE

Commercial Business License Applications

There were no new commercial Business Licenses for the week of 3/14/16 to 3/18/16

Planning

City of Highland's
22nd Annual Community Trails Day
Saturday, April 9, 2016
(8:00a.m to 11:00 a.m.)

Community Trails Day – The City of Highland will be hosting their 22nd Annual Community Trails Day event at the proposed Harmony Specific Plan project site, on the east side of the City, on Saturday, April 9, 2016, from 8:00 a.m. to 11:00 a.m. with access to the site at the north end of Emerald Avenue by way of Greenspot Rd., Florida St., Garnet Ave., and Newport Ave. This year's event permits special access onto the project site where attendees will enjoy the surrounding mountains and views of the canyons and the Santa Ana river corridor that flows through our City.

This area was once home to several private and commercial agricultural (citrus) ranches. By the 1960s agricultural activities had declined considerably, and in the following decades most of the groves and crops had been abandoned. In the early 1990s portions of the property were used as borrow sites for materials needed to construct the Seven Oaks Dam. After completion of the dam, borrow activities ceased and the property has been vacant since that time and awaiting a reuse.

That reuse proposed is the Harmony Specific Plan with includes an extensive network of trails and paseos throughout the proposed community. The trails traversing the open space area have been chosen for this year Trails Day event. Hiking will begin in the area with mostly gentle sloping and rolling terrain leading into moderate to steep sloping terrain to the north and northeast.

The three trails selected are of various lengths and intensity for Trails Day visitors to walk or ride with trail bikes. The shortest trail, at approximately 1.8 miles, leads to a breathtaking lookout over the river corridor and valley. The central trail will take you directly up to the north ridge and toward the lookout (approximately 3.5 miles) while the perimeter trail makes a 5.25-mile trek easterly through the rolling hills them up along the northern ridge (Morton Front Line trail) with unobstructed vistas of the valley. All three trails lead to the lookout vista point (and future park site) affording breathtaking views of the Old Iron Bridge, Seven Oaks Dam, the confluences of Mill Creek and the Santa Ana River and the City of Highland.

These trails will take hikers into the wilds of the natural open space adjacent and into the San Bernardino National Forest. All attendees are asked to stay on the trails. As with all outdoor excursions, those participating should be prepared with good shoes, water, sun protection, and always vigilant for wildlife on the trail. For more information, contact Tom Thornsley at the City of Highland at (909) 864-6861 or visit the City's Website at <http://www.cityofhighland/Events/>.

HAPPY
TRAILS

Emergency Preparedness – BUILD A KIT

Having a well-stocked disaster supply kit on hand before a disaster strikes will make anyone's life easier. A disaster may cause everyday necessities like food and clean water to become scarce and hard to come by. You may need to survive on your own after an emergency. This means having your own food, water and other supplies in sufficient quantity to last for **at least** three days. A week is preferable. Local officials and relief workers will be on the scene after a disaster but they cannot reach everyone immediately. You could get help in hours or it might take days. A well-stocked disaster supply kit should have the following items:

- Water – one gallon of water per person, per day
- Food – Canned goods, MRE's, freeze dried. Also include at least one manual can opener
- Battery-powered or hand crank radio and a NOAA Weather
- Flashlights and extra batteries
- First aid kit
- Sanitation Items - Moist towelettes, toilet paper, feminine hygiene products, garbage bags and plastic ties, soap/detergent and bleach.
- Basic tools – wrench, pliers, screw drivers, shovel, duct tape, etc
- Cash and change
- A change of clothes, sturdy shoes, and rain protection for each person
- A sleeping bag and/or extra blankets
- Other supplies
- Cups, plates, bowls, utensils, foil
- Extra batteries
- Plastic sheeting
- Copies of important documents (Driver's license, passport, birth certificate, etc)
- Fire extinguisher
- Lighters and/or matches
- Extra medication
- Cash and credit cards



These are just the basics. Everyone's kit will be different because everyone has different needs. If you have an infant, then extra bottles, formula, and diapers would be necessary. Don't forget about your pets. They'll need food and water as well. Remember that a disaster can strike at any time, but the time to get prepared is now.

For more information on assembling your disaster supply kit, please visit www.ready.gov.



HEALTHY HIGHLAND

EAT RIGHT: Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics

Eating Right on a Budget — Getting the most nutrition for your food budget starts with a little extra planning before you shop. There are many ways to save money on the foods that you eat. Here are some budget- friendly tips for eating right.

Plan what you're going to eat — Before you head for the grocery store, plan your meals and snacks for the week. Review recipes for what ingredients are needed. Check to see what foods you already have and make a list of what you need to buy. When you shop with a list, you will be less likely to buy extra items that are not on it.

Decide how much to make — Making a large batch by doubling a recipe will save time in the kitchen later on. Extra portions can be used for lunches or meals later in the week, or freeze leftovers in individual containers for future use. Plus, foods purchased in bulk are almost always cheaper.

Determine where to shop — Check the local newspaper, online and at the store for sales and coupons, especially when it comes to more expensive ingredients, such as meat and seafood. While at the store, compare prices of different brands and different sizes of the same brand to see which has a lower unit price. The unit price is usually located on the shelf directly below the product.

Shop for foods that are in season — Fresh fruits and vegetables that are in season are usually easier to get and may be a lot less expensive. Your local farmer's market is also a great source of seasonal produce. Just remember that some fresh fruits and vegetables don't last long. Buy small amounts at a time to avoid having to throw away spoiled produce.

Try canned or frozen produce — At certain times of the year, frozen and canned fruits and vegetables may be less expensive than fresh. For canned items, choose fruit canned in 100% fruit juice and vegetables with "low sodium" or "no salt added" on the label.

Focus on nutritious, low-cost foods — Certain foods tend to be less expensive, so you can make the most of your food dollars by finding recipes that use the following ingredients: beans, peas, and lentils; sweet or white potatoes; eggs; peanut butter; canned salmon, tuna or crabmeat; grains such as oats, brown rice, barley or quinoa; and frozen or canned fruits and vegetables.

Watch portion sizes — Eating too much of even lower cost foods and beverages can add up to extra dollars and calories. Use smaller plates, bowls and glasses to help keep portions under control. Fill half your plate with fruits and vegetables and the other half with whole grains and lean meat, poultry, seafood or beans. This is an easy way to eat a balanced meal while controlling portions and cost. To complete the meal, add a glass of fat-free or low-fat milk or a serving of fat-free yogurt for dessert.



Make your own healthy snacks — Convenience costs money, so many snacks, even healthy ones, usually cost more when sold individually. Make your own snacks by purchasing large tubs of low-fat yogurt or cottage cheese and dividing them into one-cup containers. For trail mix, combine nuts, dried fruit and whole grain pretzels or cereal; store small portions in airtight containers. Air-popped popcorn and whole fresh fruits in season also tend to cost less compared to pre-packaged items.

Cook more, eat out less — Many foods prepared at home are cheaper and more nutritious. Also, convenience foods like frozen dinners, pre-cut vegetables and instant rice or oatmeal will cost you more than if you make them from scratch. Go back to basics and find a few simple and healthy recipes that your family enjoys.

Information courtesy of www.eatright.org

Public Works

GRAFFITI REMOVAL REPORT

During the period of March 08, 2016 through March 10, 2016, graffiti was made known to Public Works staff by the following means and removed:

Routine: South side of Pacific west of Olive, Union and Victoria, 6th and Lankershim, Mira Vista and Base Line, Jose's Lawnmower, Mira Vista and Base Line, Elm and Base Line, Sterling and 13th, South side of Pacific east of Sterling, South side of Pacific west of Rogers Lane, North side of Base Line and Guthrie, Sterling Alley west of Guthrie, 25788 Base Line, Orange and Clifton (SB City), Sterling Liquor, Sterling Liquor and behind Brian's Burgers.



HIGHLAND AVENUE CONSTRUCTION UPDATE

Pavement rehabilitation of Highland Avenue between Summertrail Place and Orchard Road, in connection with EVWD's installation of the new 16" water transmission pipeline, is scheduled for March 22nd through March 24th weather permitting. Therefore Highland Avenue needs to be closed to traffic between 8:00 a.m. and 4:00 p.m., Tuesday thru Thursday of next week.

The new road closure period is shown on the changeable and fixed message signs that are posted on both ends of Highland Avenue in advance of the construction zone. During this closure, EVWD's contractor will perform final paving and pavement striping to restore Highland Avenue to its original condition before this construction.



Calendar of Events

Saturday, March 19, 2016

7:30am to 8am - Registration, 8am to 12pm -
Cleanup— Highland Improvement Team Clean Up,
Community Cross Church located at 6955 Palm
Avenue

March 15, 2016

6pm—Planning Commission, Donahue Council
Chambers

March 21, 2016

1:30pm to 6:30pm— Highland Blood Drive,
Highland Police Station, 26985 Base Line

March 22, 2016

8:30am—Public Safety Subcommittee Meeting,
Upright Conference Room
6pm—City Council Meeting, Donahue Council
Chambers

March 26, 2016

10 am—Citrus Harvest Festival, Historic District
located at Palm Avenue and Main Street, Highland

Saturday, April 9, 2016

8am to 11am—22nd Annual Community Trails
Day, www.cityofhighland/events
8am to 12pm — Compost Give-a-Way,
Highland City Hall - 27215 Base Line

April 12, 2016

6pm—City Council Meeting, Donahue Council
Chambers

April 26, 2016

6pm—City Council Meeting, Donahue Council
Chambers

May 10, 2016

6pm—City Council Meeting, Donahue Council
Chambers

May 24, 2016

6pm—City Council Meeting, Donahue Council
Chambers

