



City of Highland Weekly Report

January 23, 2015

32nd Annual Highland Y RUN is Here!!! Sunday, January 25th

Administration

Highland Y Run - 2015. Join us, rain or shine, for the 32nd Annual Highland Y Run! All proceeds are applied to the Y scholarships. Preregistration ends Jan 5 2015. Late registration will be accepted with a \$5 late fee 1/4 mile and 1 mile Kids Fun runs, and professionally timed 5K, 10K, and Half Marathon.



Race Date: January 25, 2015

Pre-registration Run Deadline

January 5, 2015 - \$5 late fee charged after 1/5/15

4 Ways to Register:

1. Online registration at: www.active.com
2. Register at the Highland YMCA
3. Mail in completed form to Highland YMCA
4. Race Day Registration: 5:45am - 6:45am
 - \$5 Late fee charged
 - ONLY ACCEPTING CASH or CHECK
 - NO guarantee of T-Shirt or Participation Medal

Pre-Race Pick-Up at Highland YMCA
Saturday - Jan. 24, 2015: 8am - 12pm

About The Course - The course takes runners through Highland; near Hwy 210 & 330 at the base of San Bernardino Mountains. This course includes challenging stretches of hills while enjoying the scenery of citrus groves, palm trees, ranch homes and snow covered mountains.

Race location & directions

Arroyo Verde Elementary School
7701 Church Street - Highland, CA 92346
Take I-10 Freeway toward Redlands to 210 Freeway North, Exit 5th Street/Greenspot, turn right (East), go approximately 2 miles and turn left onto Church Street, school 1/4 mile on right hand side.

START TIMES

- Open 1/2 Marathon 7:30am
- Open 10K 7:40am
- Open 5K 7:50am
- Kids 1mi Fun Run (8-12 yrs.) 9:00am
- Kids 1/4mi Fun Run (7 yrs. & under) 9:15am

For more information, contact us:

Phone: (909) 425-9622

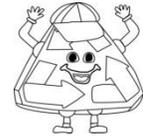
Email: highlandrun@ymcaeastvalley.org

Emergency Preparedness - Food. When a disaster occurs, you might not have access to food, water and electricity for days, or even weeks. Store enough emergency food to provide for your family for at least 3 days.

- Store food items that are familiar, rather than buying special emergency food. Consider any dietary restrictions and preferences you may have.
- Ideal foods are: Shelf-stable (no refrigeration required), low in salt, and do not require cooking (e.g. canned fruit, vegetables, peanut butter, jam, low-salt crackers, cookies, cereals, nuts, dried fruit, canned soup or meats, juices and non-fat dry milk).
- Mark a rotation date on any food container that does not already have an expiration date on the package.
- Rotate stored food items using the FIFO (first in, first out) method.
- Include baby food and formula or other diet items for infants, seniors, or those with special dietary needs.
- Store the food in airtight, pest-resistant containers in a cool, dark place.
- Most canned foods can safely be stored for at least 18 months. Low acid foods like meat products, fruits or vegetables will normally last at least 2 years. Use dry products, like boxed cereal, crackers, cookies, dried milk or dried fruit within six months.
- After a power outage, refrigerated food will stay cold longer if you keep the door closed. Food should generally be consumed within 4 hours. Food in the freezer will normally remain safe for 2 days.
- Make sure to include a can opener or two with your stored food items.



For more information on disaster preparedness, please visit www.72hours.org or www.ready.gov.



Public Services

Repete's Wisdom of the Week - What You Should Know About Street Sweeping In Highland.

1) In residential areas the street sweeper can sweep **anytime** from **7am to 5pm**, the day after your solid waste collection day.

2) If solid waste collection is delayed one day due to a holiday, the street sweeper will be delayed one day as well.

3) Since sweeping is done as close to the curb as possible, things like overhanging tree branches, basketball hoops, solid waste collection carts and especially parked vehicles cause the operator to swing wide to miss them. When this happens, debris is left on the street and the quality of the sweeping is reduced.

Help us to serve you better by removing all possible obstacles from the street on your scheduled day. Although the City of Highland does not enforce street sweeping parking restrictions, we appreciate your assistance in keeping the streets clear on your scheduled day.

4) Street sweeping also serves as one of our Best Management Practices (BMP) to control and improve water quality.

For more information or to report a street sweeping complaint please contact the Public Services Division at 909-864-8732 ext. 271

Volunteer Services

Blood Drive - The Highland Blood Drive Committee would like to welcome our new LifeStream Representative, Claudio Osorio to Highland!



We had an outstanding meeting this past week. Claudia shared some very informative news regarding blood donation policy changes that are under review. The outcome of these revisions could mean an increase in blood donors in Highland. Let's all hope for a positive change.

In addition, she did let us know that there is a blood drop mascot costume available that our committee may be able to borrow. Committee members are very excited and eager to see the costume and might even try it out. Be on the lookout for it at a future blood drive...you never know!

Mark your calendars! The first blood drive of the New Year is here:

Monday, January 26, 2015

1:30pm - 6:30pm

Highland Police Station - Community Room
(26985 Base Line - Highland)

January Incentive: LifeStream is offering a coupon for two free tacos at Jack in the Box for donors participating at the January 26th drive.

Please contact Volunteer Services Coordinator, Denise Moreno, with any questions or for more information regarding the Highland Blood Drives at 909-864-6861 extension 203.

Highland Improvement Team - The Highland Improvement Team (HIT) did a fantastic job at cleaning up litter!



This past Saturday, several HIT members along with volunteers from the Key Club helped abate litter along Base Line just east of the Albertsons and Walgreens at Boulder Avenue. Some trash that was picked up included the typical items such as cups, plastic bags, cigarette butts, food

wrappers and broken glass. Some more interesting things we discarded were palm fronds, clothing and a baby stroller! Thank you to all that volunteered their time to clean up Highland!

Please contact Denise Moreno, Volunteer Services Coordinator, at 909-864-6861 extension 203 with questions or for more information about joining the Highland Improvement Team!

Finance

Commercial Business License Applications - There were no new commercial business licenses for the week of 1/19 to 1/23/15.

Mark Your Calendar

Sunday, January 25, 2015

32nd Annual Highland YMCA Run

Race Location: Arroyo Verde Elementary School, 7701 Church Street, Highland, Ca 92346. For Race/Volunteer Information: (909) 425-9622

Monday, January 26, 2015

1:30pm to 6:30pm - Blood Drive

Highland Police Station - 26985 Base Line, Highland, Contact Denise Moreno for more information at 909-864-6861 ext. 203

January 27, 2015

6pm - City Council Regular Meeting, Donahue Council Chambers

February 3, 2015

1:30pm - Work Program Study Session, Donahue Council Chambers

February 10, 2015

6pm - City Council Regular Meeting, Donahue Council Chambers

February 24, 2015

6pm - City Council Regular Meeting, Donahue
Council Chambers

Assembled by: Elena Rodrigues



*City of Highland
27215 Base Line
Highland, Ca 92346
(909) 864-6861
www.cityofhighland.org*

Blood Drive & Marrow Screening

City of Highland

26985 Baseline St.

Monday, Jan. 26, 2015, 1:30 to 6:30 p.m.
in the Highland Police Station.

Contact Denise Moreno, volunteer services
coordinator, at 909.864.6861 ext. 203.

FOR EVERY LIFESAVING DONATION PARTICIPANTS RECEIVE:

- A coupon for two complimentary tacos, courtesy of Jack in the Box (while supplies last.)
- Free cholesterol screening.
- Points that may be redeemed for items through LifeStream's online donor store at www.LStream.org.



Please be sure to drink plenty of fluids and bring photo identification with you. If you are 15 or 16 years old, please bring a signed LifeStream parental consent form.

Potential volunteer bone marrow donors must be between the ages of 18 and 44, be willing to donate to any patient in need, and meet health guidelines. If you are 45 to 60 years of age, you may join online with a \$100 tax-deductible contribution.

Walk-ins are welcome, but appointments are strongly encouraged and receive priority.

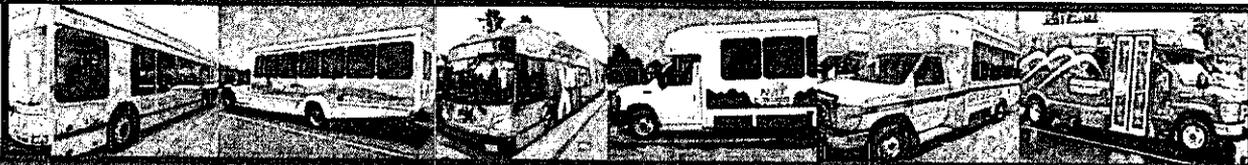


BLEAD BY EXAMPLE

JOHN MALONE AND ALEX MILLER | Linked through love, linked for life.

 **LifeStream**
GIVE HOPE | GIVE LIFE | GIVE BLOOD

WWW.LSTREAM.ORG
A CALIFORNIA NOT-FOR-PROFIT ORGANIZATION



SANBAG Short-Range Transit Plan FY 2015 – FY 2019

San Bernardino Associated Governments (SANBAG)

SANBAG is San Bernardino County's Transportation Authority responsible for coordinating and approving all public mass transit service as well as capital projects for public transit. SANBAG also administers the voter-approved half-cent sales tax, Measure I, which funds commuter rail service, Bus Rapid Transit/Express Bus service, and specialized transit service for seniors and persons with disabilities.

Short-Range Transit Plan (SRTP)

To help guide transit service improvements over the next five years, SANBAG is developing a new Short-Range Transit Plan to establish regional transit mobility goals and objectives and to address regional transit needs. The SRTP will help prioritize major capital improvement projects for the region's transportation needs and also enable SANBAG to seek new federal funding sources for the implementation of these improvements.

SRTP Goals

The proposed SANBAG regional goals are:

- **Network Connectivity**—Coordinate and integrate the transit services of the various transit operators throughout the County
- **Inter-Regional Transit Travel**—Facilitate inter-regional transit travel between regions of the County as well as between San Bernardino County and other counties
- **Access for All**—Seek cost-effective accessibility programs to improve mobility for seniors and persons with disabilities
- **Commuter Rail Service**—Support continued development and enhancement of commuter rail service in San Bernardino County
- **Key Projects**—Implement projects that will support the SRTP's goals, including the Redlands Passenger Rail Project and the Downtown San Bernardino Passenger Rail Project

We Want to Hear From You! SANBAG is conducting a public outreach program to provide the public an opportunity to comment on the proposed regional transit goals and objectives for the new SRTP, as well as to help identify unmet regional transit needs. Please visit the SANBAG website or attend one of the public meetings to review and provide your input.

Monday, January 26, 2015

4:30-6:30pm

SANBAG Offices
1170 W. 3rd Street, 2nd Floor
San Bernardino, CA 92410

Wednesday, January 28, 2015

4:30-6:30pm

Ontario City Hall
303 East B Street
Ontario, CA 91764

Tuesday, January 27, 2015

4:30-6:30pm

Helen Gray Education Center
6601 White Feather Road
Joshua Tree, CA 92252

Thursday, January 29, 2015

5:00-7:00pm

Apple Valley Conference Center
14975 Dale Evans Parkway
Apple Valley, CA 92307

Mobility Options & Key Projects

Below are some of the mobility programs and key projects that will help SANBAG meet the proposed SRTP goals:



Carpool and Vanpool Services

SANBAG supports Inland Empire Commuter Services to provide carpool and vanpool matching services to San Bernardino County commuters. Programs include commuter incentives to get started.

Call 1-866-RIDESHARE or go to www.ie511.org for more information.

Expanded Vanpool Services

SANBAG is also pursuing expansion of regional Vanpool services to cover additional areas of San Bernardino County.



Downtown San Bernardino Passenger Rail Project

The project, currently under construction, will extend Metrolink service from its current terminus at Santa Fe Depot one mile east to the new Downtown San Bernardino Transit Center, providing commuters direct access to downtown employment without need to transfer to local bus service.



San Bernardino Transit Center

The Downtown San Bernardino Transit Center project, also under construction, will provide a new passenger facility where all Omnitrans buses serving downtown, Metrolink service, and buses from Victor Valley Transit Authority and Mountain Area Regional Transit Authority, can connect at one modern, convenient location, facilitating local, regional, and inter-regional travel.



Redlands Passenger Rail Project

The future Redlands Passenger Rail Project will provide a new passenger rail service linking downtown San Bernardino with the University of Redlands, with intermediate stops at Waterman Avenue, New York Street, and downtown Redlands, offering a new mobility alternative to congested freeways.

Contact Us

Monica Morales, Project Manager
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E-mail: SANBAG_SRTP@sanbag.ca.gov
Website: www.sanbag.ca.gov
Twitter: @SANBAGnews



Plan de tránsito de corto alcance de SANBAG: Años fiscales 2015 - 2019

Gobiernos Asociados de San Bernardino (SANBAG, por sus siglas en inglés)

SANBAG es la Autoridad de Transporte del Condado de San Bernardino responsable de la coordinación y aprobación de todos los servicios de transporte público masivo, así como los proyectos de capital para el transporte público. SANBAG también administra el impuesto a las ventas de medio centavo aprobado por los votantes, la Medida I, el cual financia el servicio ferroviario suburbano, el servicio de autobuses de tránsito rápido y el servicio exprés, así como el servicio de transporte especializado para personas mayores y personas con discapacidad.

Plan de Tránsito de Corto Alcance (SRTP, por sus siglas en inglés)

Para ayudar a dirigir las mejoras del servicio de tránsito en los próximos cinco años, SANBAG está desarrollando un nuevo Plan de Tránsito de Corto Alcance para establecer metas y objetivos de movilidad para el tránsito regional, y hacer frente a las necesidades regionales de tránsito. El SRTP ayudará a dar prioridad a los proyectos de mejoras de gran capital para las necesidades de transporte de la región y también permitirá a SANBAG buscar nuevas fuentes de financiamiento federal para la implementación de estas mejoras.

Objetivos del SRTP

Los objetivos regionales propuestos de SANBAG son:

- **Conectividad de la red**—Coordinar e integrar los servicios de tránsito de los distintos operadores de transporte público en todo el Condado
- **Viajes de tránsito interregionales**—Facilitar los viajes de tránsito interregionales entre las regiones del Condado, así como entre el Condado de San Bernardino y otros condados
- **Acceso para todos**—Buscar programas de accesibilidad para mejorar la movilidad para las personas mayores y personas con discapacidad
- **Servicio ferroviario suburbano**—Apoyar el desarrollo continuo y la mejora del servicio ferroviario suburbano en el Condado de San Bernardino
- **Proyectos clave**—Implementar proyectos que apoyen los objetivos del SRTP, incluyendo el Proyecto de tren de pasajeros en Redlands y el Proyecto de tren de pasajeros en el centro de San Bernardino

¡Queremos conocer su opinión! SANBAG está llevando a cabo un programa de alcance público para ofrecer al público la oportunidad de dar su opinión sobre las metas propuestas para el tránsito regional y los objetivos para el nuevo SRTP, así como para ayudar a identificar las necesidades regionales de tránsito que no han sido cubiertas aún. Por favor, visite el sitio web de SANBAG o asista a una de las reuniones públicas para revisar el proyecto y proporcionar sus comentarios.

Lunes, 26 de enero de 2015

4:30-6:30pm

Oficinas de SANBAG
1170 W. 3rd Street, 2nd Floor
San Bernardino, CA 92410

Martes, 27 de enero de 2015

4:30-6:30pm

Helen Gray Education Center
6601 White Feather Road
Joshua Tree, CA 92252

Miércoles, 28 de enero de 2015

4:30-6:30pm

Ontario City Hall
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Jueves, 29 de enero de 2015

5:00-7:00pm

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14975 Dale Evans Parkway
Apple Valley, CA 92307

Opciones de movilidad y proyectos clave

A continuación se presentan algunos de los programas de movilidad y proyectos clave que ayudarán a SANBAG a alcanzar las metas propuestas del SRTP:



Servicios de viajes compartidos

SANBAG apoya a Inland Empire Commuter Services para proporcionar servicios de viajes compartidos (carpool/vanpool) en el Condado de San Bernardino. Los programas incluyen incentivos para los viajeros para

comenzar. Llame al 1-866-RIDESHARE o visite www.ie511.org para más información.

Ampliación del servicio de viajes compartidos

SANBAG también está llevando a cabo una ampliación de los servicios de viajes compartidos (vanpool) para cubrir zonas adicionales en el Condado de San Bernardino.



Proyecto de tren de pasajeros en el centro de San Bernardino

El proyecto, actualmente en construcción, ampliará el servicio de Metrolink desde su terminal

actual en la Terminal Santa Fe, a una milla al este del nuevo Centro de tránsito de San Bernardino, el cual proporcionará a los viajeros un acceso directo a los lugares de trabajo en el centro de la ciudad, sin necesidad de trasladarse al servicio local de autobuses.



Centro de tránsito de San Bernardino

El Proyecto del centro de tránsito en el centro de San Bernardino, también en

construcción, proporcionará una nueva instalación para los pasajeros, donde todos los autobuses de Omnitrans que brindan servicio al centro de la ciudad, el servicio de Metrolink, y los autobuses de Victor Valley Transit Authority y Mountain Area Regional Transit Authority, podrán conectarse en una moderna y conveniente ubicación, facilitando el transporte local, regional e inter-regional.



Proyecto de tren de pasajeros en Redlands

El futuro Proyecto del tren de pasajeros en Redlands proporcionará un nuevo centro de servicio ferroviario de pasajeros que conectará el centro de San Bernardino con la Universidad de Redlands, con paradas intermedias en Waterman Avenue, New York Street y el centro de Redlands, ofreciendo una nueva alternativa de movilidad a las autopistas congestionadas.

Contáctenos

Monica Morales, Gerente del proyecto

Teléfono: (909) 884-8276

Correo electrónico: SANBAG_SRTP@sanbag.ca.gov

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